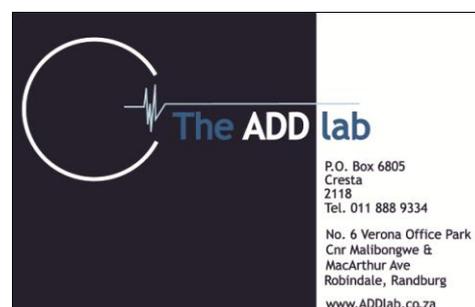


# Tomatis Consent/Agreement Form



The **Tomatis** program is a revolutionary sound training program that energizes the body and mind based on the scientific discoveries of **Dr. Alfred A. Tomatis**, the creator of sound training and auditory stimulation programs.

Alfred Tomatis, MD, was an Otolaryngologist (Ear, nose and throat specialist). Whose scientific training and drive to help patients led him to develop the aptly named Electronic ear and the Tomatis Method.

**Electronic ear:** The Electronic ear is a system which exploits and reactivates the strategies involved in perceptive organizations and in the management of sound environment which the brain is normally able to use when listening is not disturbed. But listening will be disturbed when there is a dysfunction of the two muscles located in the middle ear whose role is to enable the precise and harmonious integration of acoustic information into the inner ear, and from there to the brain. In this case, the brain will put in place a system of protection, triggering mechanisms which inhibit listening.

Thus, the role of the Electronic Ear is precisely to restore these two auditory muscles to their full working ability so as to remove these mechanisms of inhibition and reactivate a full listening potential.

As humans we always hear and listen through both bone and air conduction. These two systems have to be well balanced. The Electronic Ear creates 2 output sound signals that are transmitted differently through the headphones.

- **Air Conduction:**

- The sound message arrives at the tympanum through the air waves of the headphone on the right and left ear.
- The tympanum vibration initiates resonance to the bone cockle of the inner ear, which stimulates the sensorial cells.
- Once these cells are activated, the auditory signal is transmitted by the auditory nerve to the brain.

- **Bone conduction:**

- The sound message is transmitted by a vibrator (on the top of the headphone) that connects with the skull.
- The sound goes directly to the inner ear without passing through the tympanum

- **Filters:**

- Allow re-educating sound perception starting from the earliest form of
  - listening (mother's womb) to
  - fully advanced listening
  - (Mature adult).
- High pass filters with values ranging from 125 Hz to 2000 Hz.

Many human functions can improve through this non – invasive sound training program, including:

- Learning
- Sensory integration, auditory processing
- Stress and anxiety
- Attention, focus, memory,
- Expressive and receptive language,
- Motor control, self esteem, posture,
- Daily ablutions, social interactions.

**The Tomatis program process:**

Pre-Test: A pre-test is administered with the Tomatis Listening Test. This is not a hearing test but measures the finer nuances of hearing with the normal range of hearing. The Listening Test is the Test of the Tomatis Method, whereby we use the information to program effectively, taking a global perspective, while keeping the profile of the client in mind. The results from the Auditory Oddball task (Event Related Potentials) that was obtained from the qEEG as well as other questionnaires are integrated to determine the specific programme suited for the individual.

The Listening Session: Results are meaningful and durable if the listening sessions are sustained, regular and spaced out with rest periods to allow for habituation. They are therefore also subject to a structured methodology. The duration and regularity of training determined in relation to each client’s profile. Listening sessions can take place at home with the SOLISTEN device. A listening session lasts 2 hours. To use the SOLISTEN, we recommend two 15 day sessions of 2 hours per day with a break of 4 to 6 weeks between.

Day 8 A short listening test is administered on the 8th day of the program to monitor the response of the individual to the specific program.

The End Assessment: At the end of the listening sessions, the TOMATIS /Solisten practitioner does a third assessment. This assessment evaluates the progress obtained and determines if additional sessions are advisable. Often it is unnecessary to extend a program. Or following a new event such as an emotional shock or illness, it may be necessary to restart a TOMATIS/Solisten program.

Every situation is unique. In many situations, the initial 60 hours are sufficient. In some situations, continual listening may be necessary over a longer period of time to achieve greater goals. This is determined together by Mitzi Hollander and client as his or her program progresses.

**Delimitations:**

The listener is able to draw, paint, write, play sedentary games, or occupy him or herself as he/she wishes during their listening time, **except for** the following activities: reading, eating (including chewing gum), watching television, playstation, wii, gameboy, sleeping, using a computer, having other music playing in the background, playing with electronic toys that make sounds, driving a vehicle, or heavy physical activity such as running, jumping, playing sports,

bike riding, rough housing, swinging, etc. **Please do not listen to any other music via headphones (i.e. ipod) during the entire 15 day listening sessions.**

**NB. If you have recently had or have a chronic ear infection you will not be able to start Tomatis without first being checked by an ENT (ear, nose and throat specialist).**

### **The Tomatis Equipment:**

The equipment you will receive for one listener is:

- One Solisten® Device in its case.
- One set of headphones with cord that connects to the Solisten® device.
- One power supply cord to charge the Solisten® device.
- User Instructions for operating the Solisten® device.
- Information on which playlist to use and the order of music.
- One copy of the daily feedback sheet. An electronic copy will be emailed to the **caregiver of the listener (if child) or client (if adult)** and is to be completed each day and sent to assigned consultant by the end of each.

General precautions while the Solisten® device is in my care:

- **Do Not** put the listening device under direct sunlight or any heat source.
- **Do Not** put the listening device beside metal (coins, hair pin, etc.) or flammable material.
- Be careful not to drop the listening device in order to prevent damage to the hard disk or the LCD screen.
- **Do Not** expose the listening device to mist, dust, coal smoke, extreme changes in temperature, or else the listening device may get damaged.
- **Do Not** immerses the listening device or headphones in water, as this will damage it.
- Avoid hitting the listening device or headphones with hard objects, avoid shaking the listening device or headphones, and stay away from magnetic fields.
- **Do Not** disassembles the listening device or headphones, attempt to repair the listening device or headphones, or change the design of the listening device.
- Plug in the AC adaptor tightly into to the listening device before plugging in the AC adaptor to the wall jack.

The value of this equipment is R26,500.00. You must please submit a proof of insurance cover for the period that the device is in your care. Insurance companies do cover equipment for short periods of time.

### **Fee Policies:**

**Payment must be made up front for the 1<sup>st</sup> 15 sessions and then every 15 sessions thereafter if required.**

The cost of the first 15 sessions is **R 5250.00**. This includes the pre-listening test, day 8 listening test and post listening test as well as the hiring of the equipment in order for you to do the listening program from home. The cost of the 15 sessions thereafter is **R4750.00**

The Solisten® equipment should be returned on the dates agreed upon in bottom of this document.

The Solisten® equipment will be tested for functionality in the presence of both parties during the collection and return thereof.

A penalty of R500.00 per day is applicable for devices that are late and not broken.

If the equipment is damaged while being with the client it is the obligation of the client to ensure that the matter (claim) will be immediately submitted to the insurance company and that Mitzi Hollander will be copied (mitzi@addlab.co.za) on the communication with the insurance company.

The client will bear the cost of loss of income to The ADD Lab if it takes longer than a month to replace the equipment. An amount of R4200.000 will be charged for every 15 day period or part thereof.

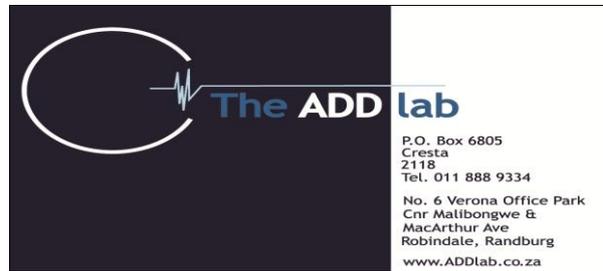
Banking details: Neuro-Logics cc

RMB (FNB)

Branch: Sandton

Code: 261251

Acc No: 62063072046



# Consent/Agreement for Tomatis

## DETAILS OF CLIENT

<b>INITIALS</b>		<b>SURNAME</b>	
<b>FIRST NAMES</b>		<b>DATE OF BIRTH (YYYY/MM/DD)</b>	

## PARENT/ GUARDIAN/CLIENTS DETAILS

INITIALS	
FIRST NAME	
SURNAME	
DATE OF BIRTH	
ID NUMBER	
LANGUAGE	
OCCUPATION	
HOME NUMBER:	
WORK CONTACT NUMBER	
CELL NUMBER	
E-MAIL ADDRESS	

I, \_\_\_\_\_, agree that \_\_\_\_\_ will (for child) / (or if adult) I, \_\_\_\_\_ agree to / undertake the Tomatis Listening Program for 30 hours. These sessions will consist of listening for 2 consecutive hours daily to music, using the Solisten® device for 15 consecutive days. After a break of 4 weeks, the program will continue if deemed necessary after evaluation of the post listening test for a final 15 consecutive days.

The following are your scheduled dates for the Tomatis Program:

- Session 1: ..... to .....
- Date of returning the equipment:..... Time:.....
- Session 2: ..... to .....
- Date of returning the equipment:..... Time:.....

If listening is missed due to illness, I will consult with Mitzi Hollander, to determine if I may continue my program concurrent with my session or if I should complete it at a later date. This decision is based on other on-going commitments of the Solisten® equipment. We understand that these situations occur and will do our best to accommodate unexpected occurrences.

If listening is missed due to forgetting or lack of desire, I will consult with Mitzi Hollander to determine the next action to be taken. If the program is terminated for this reason, the client will forfeit the full expense of the program. If the client elects to continue their program at the center with the center based Tomatis method, some of the funding will be allocated to the cost of the center based program. This amount will be determined at the time and date of the new decision.

By signing this form, I \_\_\_\_\_ indicate my understanding of the principles that are set forth here and waive any claim of damages due to Tomatis training, including worsening of my/ my child's condition for which the training was undertaken, claimed side effects or the failure to improve with training.

I understand the Solisten® Equipment is sensitive, electronic equipment. I agree to protect it from material harm or loss while it is in my care and will abide by the general precautions set out while the Solisten® device is in my care

By signing this document in the spaces provided below, I \_\_\_\_\_ the **client/parent/guardian** of \_\_\_\_\_ attests to having read and understood all sections of this document, having had the Tomatis program fully explained to my satisfaction.

By signing this form, I \_\_\_\_\_ hereby agree to the above mentioned terms and conditions and accept responsibility for the payment.

This Agreement shall be governed by and construed in accordance with the laws of South Africa. This agreement is executed and delivered by the parties hereto on and as of the date provided below.

*The undersigned have thoroughly read and understand all aspects of this Agreement and the responsibilities herein defined.*

For the ADDLab:

For the Client or Caregiver of the Client:

\_\_\_\_\_  
Signature – Mitzi Hollander

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Date